

## YOUNG LEADERS' SCHEME PROGRAMME PLANS

### MODULE G

Item code FS 460006 Sep/02 Edition no 1

#### WHAT IS THE BALANCED PROGRAMME?

A Balanced Programme is an exciting programme that allows young people to experience a wide range of activities through a number of Programme Zones. In this module you will learn that a Balanced Programme lies at the heart of Scouting, ensuring that young people participate in a varied series of activities, which will help them to develop and achieve their full potential.

#### SO, WHAT EXACTLY IS THE PROGRAMME?

The Programme is everything that we do in Scouting. That is, the activities that we do, and the challenges, badges and awards that we complete.

The Programme has its foundations in the values of the Scout Promise and Law and spans right across the five Sections.

There are six key rules to bear in mind when running the Programme. It should be:

- relevant and attractive
- easy to understand and operate

- progressive and accessible
- appealing to a wide range of young people
- meaningful and fulfilling
- safe and enjoyable.

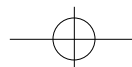
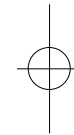
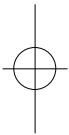
Above all though, the Programme should be fun! What activities do 6-14 year olds like? How varied can you make the activities that they do? These are both questions that you should think about. Also, remember that you are closer in age to the young people in your Section than the adult Leaders. You should be able to realise what they want from a programme fairly easily. After all, not very long ago you were in their position!

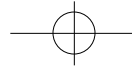
#### PROGRAMME ZONES

Programme Zones are designed to maximise a young person's development as they progress through the Movement. They are vital to planning a Balanced Programme. There are different Programme Zones for each Section, although some are common to more than one Section. The Programme Zones for Beaver Scouts, Cub Scouts and Scouts are shown in the table on this factsheet.

#### METHODS

Another part of the Balanced Programme is the use of Methods. Using different Methods to deliver an element of one of the Programme Zones helps to make meetings and activities more interesting. Some





● of the Methods that you might use in your Section programme are:

- Games
- Visits
- Activities (indoor and outdoor)
- Crafts
- Songs and stories
- Themes

● **WHAT HAVE I LEARNED IN THIS MODULE?**

When you have completed this module, you will be able to go back to your Section and play your part in ensuring the delivery of a Balanced Programme. This will make sure that the young people in your Section have the opportunity to achieve maximum personal development.

