

Assessment Checklist for Rowing and Sculling



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Introduction

This is an assessment checklist to use in assessing an Applicant to gain a permit to lead Rowing and Sculling. More details on the permit scheme, assessing, technical skills and Rowing and Sculling can be found in resources listed in [FS120084 Scout Led Activities Index](#).

Using This Checklist

This checklist is the syllabus that an Applicant should be assessed against for the Technical section of gaining a permit. All skills must be assessed for the highest class of water a permit is recommended for.

Once an assessment is complete the Approved Assessor should fill in the back page and give it to the Applicant to take to their responsible Commissioner.

Technical Publication

If you require any more technical information on any of the elements in the checklist, these can be found in the official technical manual, which is:

Rowing: The Essential Guide To Equipment And Techniques by *Keith Maybery* ISBN 1-85974-936-4

Rowing and Sculling

Core Skill	Done / Comments
<p>Responsibilities</p> <ul style="list-style-type: none"> ▪ Choose objectives appropriate to the group. ▪ Plan effectively in advance. ▪ Knowledge of the rules / regulations which govern the use of water. 	
<p>Group Management</p> <ul style="list-style-type: none"> ▪ Manage and communicate with a group effectively. ▪ Ensure the group is adequately briefed before the activity. ▪ Demonstrate ability to communicate correct Rowing and Sculling orders to the crew. ▪ Know how to position themselves to most effectively manage the group. 	
<p>Risk Assessment</p> <ul style="list-style-type: none"> ▪ Know how to complete a Risk Assessment. ▪ Able to effectively identify the hazards and risks and know how to reduce or remove them, during Rowing and Sculling. 	
<p>Weather</p> <ul style="list-style-type: none"> ▪ Knowledge of where to gain weather information. ▪ Knowledge of how weather conditions can affect Rowing and Sculling. 	
<p>Technical</p> <ul style="list-style-type: none"> ▪ Ability to launch and recover the boats. ▪ Ability to right a capsized boat. ▪ Ability to control speed and direction of the boat. ▪ Knowledge of basic rowing techniques. ▪ Knowledge of basic sculling techniques. 	
<p>Emergency Procedures</p> <ul style="list-style-type: none"> ▪ Knowledge of relevant procedures in the event of an accident. ▪ Able to demonstrate man overboard recovery. ▪ Knowledge of action to prevent sinking. ▪ Control of a craft being towed. ▪ Able to demonstrate swamp and capsize drills, and recover and re-floating of the boat. 	
<p>Equipment</p> <ul style="list-style-type: none"> ▪ Knowledge of personal and group equipment required and how it is used. ▪ Understanding of additional equipment required by the leader. 	

Rowing and Sculling Permit Assessment

The Applicant should keep this form once it has been completed by the Approved Assessor and take it to their responsible Commissioner.

Applicant's Name				Permit Applied For			
1. TECHNICAL COMPETENCE						Done	<input type="checkbox"/>
<p>Description: Technical assessment based on the holding of an appropriate NGB award, renewal of an existing permit with up to date experience, or a practical assessment of the Assessment Checklist.</p> <p>To Be Completed By: Either an appointed County Assessor or an External Assessor with the appropriate NGB award.</p>							
Restrictions based on Technical Assessment:							
						Date	
Assessor:	Signature			Name			
	County (if SA Assessor)			Phone			
2. SCOUT ASSOCIATION RULES						Done	<input type="checkbox"/>
<p>Description: Check of the Applicant's knowledge of the appropriate Scout Association rules for running the activity. Appropriate Rules can be found in FS120084 Scout Led Activities Index.</p> <p>To Be Completed By: Either an appointed County Assessor, responsible Commissioner or appropriate nominee of the responsible Commissioner.</p>							
Restrictions based on knowledge of The Scout Association Rules:							
						Date	
Signature			Name			Role	
3. CHILD PROTECTION						Done	<input type="checkbox"/>
<p>Description: Check Applicant has undertaken the necessary Personal Enquiry checks and received the appropriate child protection training.</p> <p>To Be Completed By: Responsible Commissioner or appropriate nominee of the Commissioner.</p>							
Restrictions based on Child Protection:							
						Date	
Signature			Name			Role	
4. PERSONAL SUITABILITY						Done	<input type="checkbox"/>
<p>Description: Check the Applicant is suitable (attitude etc) based on the demands of the activity.</p> <p>To Be Completed By: Responsible Commissioner or appropriate nominee of the Commissioner.</p>							
Restrictions based on Personal Suitability:							
						Date	
Signature			Name			Role	
5. PERMIT GRANTED						Done	<input type="checkbox"/>
Restrictions:							
						Expiry Date	
Commissioner Signature						Date	