

The Duke of Edinburgh's Award - Skills and Physical Recreation



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General

This factsheet aims to explore the different options available to young people participating in the Skills and Physical Recreation sections of The Duke of Edinburgh's Award.

Outline Conditions

The time requirements for these sections are:

- BRONZE – 3 months and 3 months plus an additional 3 months in either the Service, Skill or Physical Recreation Section.
- SILVER – 3 months in one and 6 months in the other plus an additional 6 months for direct entrants in either Service or the longer of the Skill or Physical Recreation Sections.
- GOLD – 6 months in one and 12 months in the other plus an additional 6 months for direct entrants in either Service or the longer of the Skill or Physical Recreation Sections.

Involvement is measured in full months, with an expectation of an average involvement of at least one hour per week. There is flexibility as to how the hours are spent within the total time span as long as there is regular involvement throughout.

Suggested Programmes

• SKILLS SECTION

There is a list of suggested activities in the Programmes File, but this is not exhaustive. The programmes are for guidance only and are not intended to be a rigid syllabus. Further ideas can be found in the skills section of The Duke of Edinburgh's Award website: www.theaward.org.uk

• PHYSICAL RECREATION

Participants and leaders may develop their own programme to meet the Award and Section principles or choose from those listed in the Award Handbook. Participants are encouraged to explore and pursue different and exciting initiatives, which may be new to the individual or further the pursuit of existing interests. As with any activities, physical recreation programmes must be carried out in accordance with The Scout Association's own rules. Where possible, the targets should be those of National Governing Bodies.

The Process

The period of involvement should start with an initial briefing with an appropriate mentor/instructor/supervisor confirming the nature of the skill/physical recreation and the negotiation and setting of targets. These targets should be reviewed at periodic intervals and adapted accordingly.

At the end of either section, a final review should take place when the participant presents their record of involvement.

Publications Cross Reference

Award Handbook - 5th Edition (The Duke of Edinburgh's Award 2004)

Programmes File (The Duke of Edinburgh's Award 2000) [update issued 2001, 2003, 2004]