

Substance Use and Misuse: A Resource List



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0845 300 1818

A range of resources that are available to help Leaders, Commissioners, Trainers and parents to find out more about legal and illegal drugs.

Information given is correct as of the date of issue of this leaflet. Most organisations update publications from time to time and you are advised to contact them for latest details. Since prices change, no cost information has been given although free publications are indicated.

Always read through publications or view videos before using them with young people. This will enable you to see that they are suitable for your target audience and prepare you for any potential questions.

BOOKLETS AND LEAFLETS

STREET DRUGS

Andrew Tyler
Published by Coronet Books
ISBN 0 340 60975 3

This is a first class book. It is written in an easy style and is not judgmental, giving details of most drugs including alcohol and tobacco.
Available: Bookshops.

A PARENTS GUIDE TO DRUGS AND ALCOHOL

Published by FRANK
Free

A 24-page booklet covering most drugs including solvents. Well illustrated in colour. Well illustrated in colour.

THE SCORE: FACTS ABOUT DRUGS

Published by FRANK
Free

This is for the 14-16 year olds; it gives details of most drugs without preaching.

DRUGS: THE FACTS

Published by FRANK
Free

Aimed at 11 – 14 year olds, has quizzes and information about most drugs.

D-MAG

Published by Drugscope

For 16-25 year olds. Magazine style format. Facts, problems and other information

DRUGS AND SPORT

Published by UK Sport
Free

The ethics of the use of drugs in sport.

DRUG INFORMATION LEAFLETS

Published by CAN

A series of six leaflets covering all the major drugs including alcohol. A different category of drug is covered in each leaflet.

DRINKING AND DRIVING

Published by The Portman Group
Free

A short guide giving facts, advice and the potential problems of drinking and driving.

GORDON GOODSENSE GUIDES

Published by Rugby NHS Trust

A series of leaflets covering the main illegal drugs. Very well presented in cartoon style.

HIV AND AIDS

Published by AVERT

Information for young people. Directed at the 13 to 16 year olds.

A useful guide for this age group.

The Scout Information Centre

Gilwell Park Chingford London E4 7QW Tel + 44 (0)20 8433 7100 Fax + 44 (0)20 8433 7103 email info.centre@scout.org.uk www.scoutbase.org.uk

WHERE TO GET HELP

Your first port of call should be your local HEALTH PROMOTION CENTRE. You will find them in the telephone book or ask your local NHS Trust for the number. Centres usually stock most of the leaflets mentioned and often have loan copies of videos and drug cases.

Then talk to your local drug agency, they too have leaflets and will often be able to supply a speaker to come and talk to your organisation.

NATIONAL DRUGS HELPLINE

0800 77 66 00

STOP SMOKING HELPLINE

0800 00 22 00

NATIONAL AIDS HELPLINE

0800 567 123

The agencies listed below will also be happy to help:

ALCOHOL ANONYMOUS

Stonebow House

Stonebow

York YO1 7NJ

Tel: 01904 644026

Helpline: 0845 769 7555

www.alcoholics-anonymous.org.uk

Concerned with problem drinkers

Price List

ALCOHOL CONCERN

Waterbridge House

32-36 Loman Street

London SE1 OEE

020 7928 7377

www.alcoholconcern.org.uk

contact@alcoholconcern.org.uk

Drink related information

Publications catalogue

AVERT

4 Brighton Road

Horsham

West Sussex RH13 5BA

Tel: 01403 210202

www.avert.org.uk

Downloadable information on AIDS, sex and sexuality for young people

Price list

CAN

81 St Giles Street

Northampton NN1 1JF

Tel: 01604 622121

Drugs leaflets and videos

Price list.

DRUGSCOPE

32-36 Loman Street

London SE1 OEE

Tel: 020 7928 1211

www.drugscope.org.uk

info@drugscope.org.uk

Information on drugs. Helpline

Publications list

FRANK

Department of Health

PO Box 77

London SE1 6HX

Tel: 0800 77 66 00

www.talktofrank.com

frank@talktofrank.com

DoH drug information service

Publications list.

HIT

Cavern Court

8 Mathew Street

Liverpool L2 6RE

Tel: 0151 227 4012

www.hit.org.uk

stuff@hit.org.uk

Drug related harm reduction

Publications catalogue

HOPE UK

25f Copperfield Street

London SE1 OEN

Tel: 020 7928 0848

www.hope.uk.org

Drug and alcohol awareness education

Resources guide

LIFELINE

101-103 Oldham Street

Manchester M4 1LW

Tel: 0161 839 2075

www.lifeline.org.uk

Drug and alcohol agency

Publications catalogue

PORTMAN GROUP

7-10 Chandos Street
Cavendish Square
London W1M 9DE
Tel: 0207907 3700
www.portmangroup.org.uk

Information on sensible drinking
Publications list

MARSTON BOOK SERVICES

PO Box 269
Abingdon
Oxon OX14 4YN
Tel: 01235 465565
www.marston.co.uk

Publication list/order form

RELEASE

388 Old Street
London EC1V 9LT
Helpline: 020 7729 9904
www.release.org.uk
ask@release.org.uk

Legal aspect of drug use
Publications list

Re-Solv

30a High Street
Stone
Staffordshire ST15 8AW
Tel: 0808 800 2345
www.re-solv.org
information@re-solv.org

Information on solvents
Publications list

RUGBY NHS TRUST

The Orchard Centre
Lower Hillmorton Road
Rugby
Warwickshire CV21 3SR
Tel: 01788 555104
Drug and alcohol agency
Gordon Goodsense leaflets

Alcohol Focus Scotland

2nd Floor
166 Buchanan Street
Glasgow G1 2NH
Tel: 0141 572 6700
www.alcohol-focus-scotland.org.uk
enquiries@alcohol-focus-scotland.org.uk

Publications list

WELSH DRUG AND ALCOHOL UNIT

4th Floor, St David's House
Wood Street
Cardiff CF10 1ER
Tel: 02920 667766

Information on drugs and alcohol
Publications booklet

UK SPORT

40 Bernard Street
London WC1N 1ST
Tel: 020 7841 9529
www.ukssport.gov.uk
info@ukssport.gov.uk

Information on drugs and sport
Drugs and sport leaflet

WEBSITES FOR YOUNG PEOPLE

Below are a number of websites for young people where they can find out more on issues that affect them, including drugs.

www.needtoknow.co.uk

A website for young people offering information on all they need to know about sex, drugs and mental health.